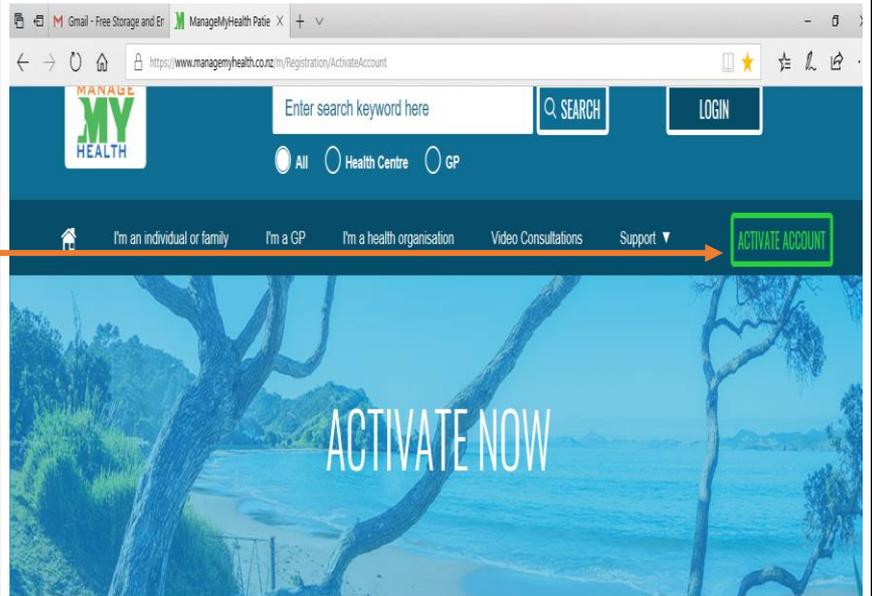


# Activating Your Manage My Health Account

1. Sign in to the MMH.  
[www.mangemyhealth.co.nz](http://www.mangemyhealth.co.nz)
2. Activate your account, by clicking on the activate account tab.



3. Enter your personal email address.

Enter your Email address and activation code received from your Health Centre.

Email address

tom.mouse2018@gmail.com

If you have forgotten your Activation code [Click here](#).

Type the characters you see in the picture.



TCJX

I have read and accept the [ManageMyHealth Terms of Use and Privacy Policy](#)

ACTIVATE

4. Type the characters you see in this picture in the box below.

5. Click on the activate tab.

6. You will now receive a message in your personal email inbox from MMH. This email is to verify your email address. Click on confirm your registration tab.



## ACTION REQUIRED

Thank you for joining ManageMyHealth

We noticed that you need to verify your email address.

Simply Click the button below to verify the ownership of your email address

Without email verification you can't login to the ManageMyHealth website.

CONFIRM YOUR REGISTRATION

Regards,

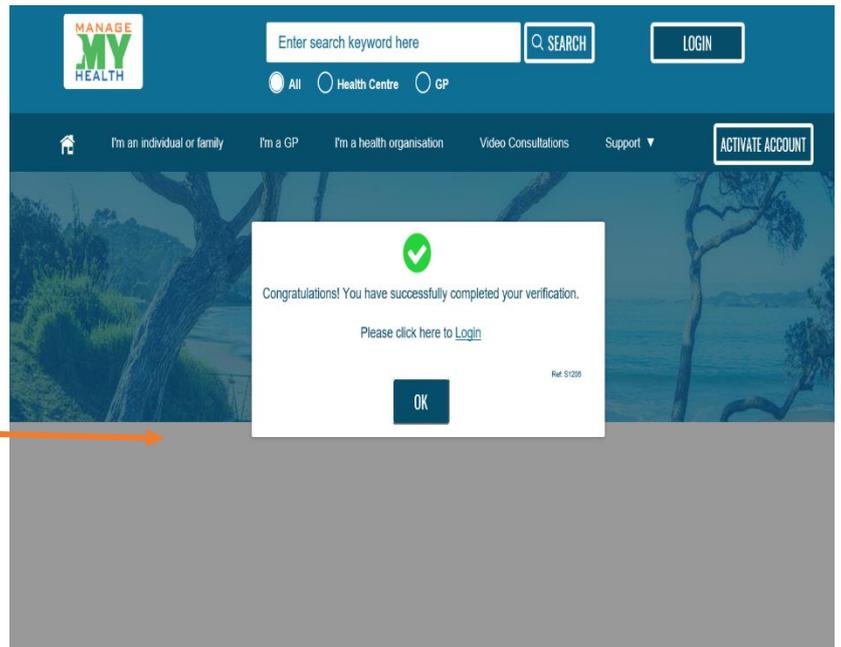
Support Team

ManageMyHealth™ : Empowering for Health & Wellness

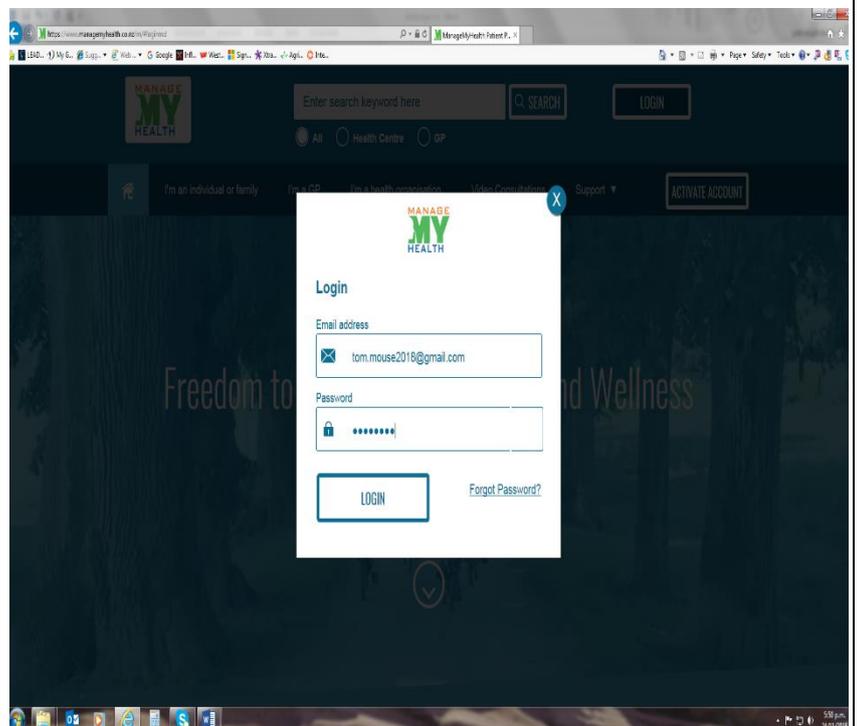


# Activating Your Manage My Health Account

6. You will then receive a message from MMH to say that you have successfully completed your verification.



7. When you first login you will be required to set up a separate password, you will then use this each time you use MMH.



# Activating Your Manage My Health Account